

# CREATIVE BRAIN HACKS

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KARIM MUSTAGHNI

# TOP 10 SKILLS

2015

2020

1. Complex Problem Solving
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
10. Creativity

1. Complex Problem Solving
- 2.
3. Creativity
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

**„THE FUTURE BELONGS TO THOSE  
WHO CAN UNLEARN & RELEARN“**

**- Alvin Toffler**

**TRIGGER - ROUTINE - REWARD**

# **1. HAGELSLAG**

## 2. COUNT THE BALL

<https://youtu.be/vJG698U2Mvo>

# **3. A LITTLE TRAIN RIDE**

# 4. CREATIVE SCAR & JOHN CASSIDY JUGGLES

**5. BETA - ALPHA - THETA - DELTA**

# 6. DAY 365

# 7. ALBERT EINSTEIN

# 8. BILL MURRAY

- A. UNDERSTAND HABITS.
- B. GET NEW DAILY INPUT.
- C. DISRUPT HABITS (THROUGH BRAIN HACKS).
- D. CREATE. CREATE. CREATE.

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